

The Resilient Reader

Resilient Region Stories



Health Care

October 2015

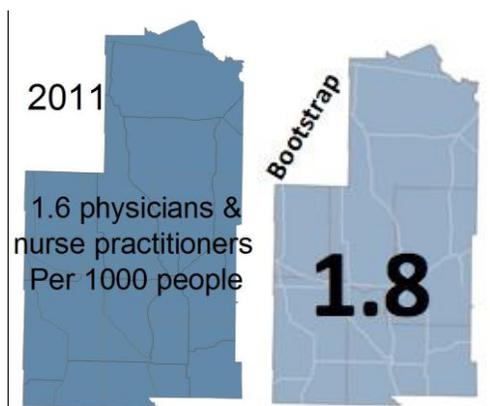


Mental Health Summit Shares our Regional Mental Health Status

WHO: Champions of the Health Care theme are:
Tim Rice, CEO, Lakewood Health System
John Solheim, CEO, Cuyuna Regional Medical Center
Amy Hart, COO, Cuyuna Regional Medical Center
Katherine Mackedanz, SHIP Coordinator, Todd County
Bob McLean, COO, Hunt Utilities Group
Adam Rees, CEO, Essentia Health
Mike Larson, COO, Essentia Health

WHAT: Healthcare theme area Champions, Katherine Mackedanz and Bob McLean, worked with partners to organize a Mental Health Summit to review the results of a survey recently conducted by county public health providers and private health care providers. The Summit is a progression of many discussions where private/public health care professionals convene to identify collaborative actions that improve the region's mental health.

WHY: Mental health programs have a major impact on the economic resilience of an individual and the community. Examples include the positive impact of mental wellness as it related to individual productivity and capacity to contribute to the community including being gainfully and meaningfully employed.



WHEN: The region's first Mental Health Summit was held on August 6, 2015. The Summit asked attendees; "what else needs to be done?" as well as "who else should be involved?". The summit was seen as a defining point along a much longer journey. . A second event was held September 24, 2015 which included a comprehensive presentation on Mental Wellness strategies by Anna Lynn, Mental Health Promotion Coordinator, MN Dept. of

Health. Following the presentation participants broke into small group discussions to prioritize strategies and begin the draft of a Year One plan.

HOW: A major impact of the Resilient Region Plan is in fostering new relationships that promote understanding, trust and collaboration. The Mental Health/Wellness summit and subsequent planning event brought together organizations to survey, study, and plan for the future. In the past, each would have operated in their respective silos. Now we are benefiting for the collective knowledge of the participants and have a greater opportunity to not only find better solutions but do so in a more effective/efficient manner. This is a major return on everyone's investment of time and talent.

Links for Healthcare and Mental Health:

Todd County Public Health



http://www.co.todd.mn.us/departments/public_health/public_health_frontpage_panel

Essentia Health www.essentiahealth.org



Lakewood Health Systems www.lakewoodhealthsystems.com



Hunt Utilities Group www.hugllc.com

